

First Aid Checklist

Adhesive tape
Sterile gauze pads
Antiseptic wipes
Pain reliever (and prescription medications)
Adhesive bandages, assorted sizes
Triangular bandages
Cough medicine
Diarrhea medication
First Aid book
Flexible gauze
Instant cold pack
Scissors
Soap
Splint material
1 package paper tissues
Thermometer
Tweezers
Container to hold first aid items
Other desired items

Supplies for preparing Meals in an Emergency

Cooking utensils
Kitchen knives
Disposable plates
Disposable forks, spoons, and knives
Disposable hot and cold cups
Paper napkins or towels
Non-electric can opener
Trash bags
Sterno heater or camp stove with a 7 day fuel supply
Matches in waterproof containers
Heavy-duty aluminum foil
Other utensils available at home
Additional water in containers (if food preparation requires water)
Dish soap
Emergency food supply

Information collated from various sources.
Helpful Web Sites;
Readiness Preparedness- www.ready.gov
Salvation Army - www.salvationarmyusa.org
Red Cross- www.redcross.org
Illinois Emergency Management Agency
www-state.il.us.gov
Federal Emergency Management Agency
www-fema.gov

Seven Day Emergency Food Supply (Suggested List)

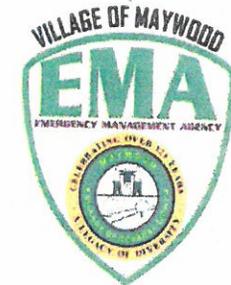
<u>Food</u>	<u>Shelf Life in Months</u>
Milk	
Nonfat dry milk.....	6
Canned Meat, Poultry, Fish	
Tuna.....	12
Beef Stew.....	12
Chili with beans.....	18
Vienna Sausage.....	18
Deviled ham.....	18
Pork and beans.....	18
Chunk chicken.....	18
Assorted condensed soups.....	12
Dehydrated/Freeze-Dried Vegetables	
Meals, casseroles, egg dishes, Vegetables.....	varies 3-10 years
Canned Fruit and Vegetables	
Assorted fruits.....	18
Assorted vegetables.....	18
Assorted fruit juices.....	18
Citrus fruit juices.....	12
Dried fruits.....	12
Cereals and Baked Goods	
Instant hot cereal.....	24
Cold cereal (corn flakes, bran, etc.).....	12
Soda crackers.....	1-2
Instant rice.....	24
Instant potatoes.....	24
Cookies.....	1-2
Shortening and Oils	
Salad Oil.....	3
Sugar and Sweets	
Sugar, granulated.....	24+
Hard candy, gum*.....	18
Jelly.....	12
*Stored in metal containers	
Miscellaneous	
Instant orange drink.....	24
Instant coffee.....	18
Instant tea.....	18
Nondairy creamer.....	18
Salt.....	Indef
Pepper.....	Indef
Nuts.....	12
Mustard.....	Indef
Catsup.....	Indef
Soda pop.....	12
Peanut butter (unopened).....	9
Vitamins/food supplements.....	varies
Baby Food	6-12
Pet Food	6-12

FIRE STATION 1
700 ST CHARLES RD
MAYWOOD, IL., 60153
PHONE 708 681-8860

HOME EMERGENCY CHECKLIST



For Emergencies Dial 911 or 708 343-2121
Non-emergencies 708 343-5595
700 St Charles Rd
Maywood IL



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700 ST CHARLES RD
MAYWOOD, IL., 60153
PHONE 708 681-8860
FAX 708 681-8840

Village of Maywood EMA/CERT

The checklists in this brochure are useful guides for stocking up on basic items and preparing for emergencies.

Although local officials do all they can to help, it is really up to you when it comes to the comfort and safety of your household. Disaster preparedness begins at home.

Making preparations now can make all the difference. In the event of a disaster, it may be too late.

Threats to Cook County

Natural Disasters

Floods
Severe Storms
Fires
Earthquakes
Tornadoes

Technical Disaster

Hazardous Materials Accidents
Mass Casualty Accidents (aircraft, rail, highway)
Dam Disasters
Utility Failures
Transportation Disruption
Pollution (air, oil, water)

Other

Civil Disturbances
Health Epidemics and Infestations
Resource Shortages

When there is time to warn the public before an emergency, local radio and television stations will broadcast advisory information. The usual two advisories are "Watches" and "Warnings."

WATCH: Hazardous conditions are developing but have not reached the warning stage. Stay tuned to your radio or television for further instructions.

WARNING: An emergency is actually occurring or is about to occur. Follow emergency instructions broadcast over your radio or television.

Before Disaster Strikes

Prepare a home survival kit ready for use in emergencies

Include basic first aid supplies and prescriptions. (Check with your family physician.)

Stock nonperishable food items with at least a 7 day supply for the entire household. Select foods your family likes to eat. Store in a cool dry area. Don't forget pets.

Plan in advance where to locate house hold members in case they are separated

Store important documents and valuables in protective packaging where they can be available to move.

Keep the car gas tank at least 1/4 full.

When Disaster Strikes

Do:

Stay tuned to a local radio or TV station for news, official weather information and emergency instructions.

Secure your home. Lock the doors and windows. Know where to locate electrical, water and gas service.

Secure or store objects that may cause damage or injury.

Don't:

USE THE TELEPHONE. Leave lines open for emergency calls only. Overloading circuits slows down the entire phone system

TOUCH DOWNED POWER LINES or objects in contact with power lines. Severe shock or worse can result. Always assume that power lines are live.

USE ELEVATORS. Power outages shut down elevator systems, often trapping occupants. Use stairways instead.

GO SIGHTSEEING. Cooperate with local officials. For your own safety, never enter high risk areas.

SPREAD RUMORS. Get the facts from official

Home Survival Kit Checklist

Portable radio
Extra batteries
Flashlight
Candles
Matches
First Aid Kit
Medications
Prescription glasses
7 day non-perishable food supply/baby food/pet food
Ice chest
Containers of water (one gallon per person per day)
Games, books, toys, camera
Important papers
Fire Extinguisher
Tool kit, gloves
Wrench to turn off gas/water
Sleeping bags or blankets
Personal articles (sanitary needs, diapers, etc.)
Change of clothing for each household member
Fuel for stoves, or lanterns
Masking tape for windows and glass doors
Water purification tablets
Sanitation kit
Clock

Sanitation Kit Checklist

Plastic garbage can with lid
Plastic bag liners
Toilet paper
Disinfectant/deodorant
Shovel

Important Documents Checklist

Insurance policies
Birth and marriage certificates
Home inventory
Bank records
Military discharge papers
Licenses
Medical/immunization records
Social Security card/papers
Passport
Religious records
Credit cards
Title/deeds
Wills
Family photographs
Other personal records