

Go-bag kit supplies (continued)

- Prescription medications and first aid supplies.
- Toothbrush and toothpaste
- Extra keys to your house and vehicle.

Get Involved

There are numerous ways you can get involved to help your community be better prepared for the next emergency, by volunteering and through other community involvement opportunities.

More information can be found at the following websites on the back page.

Emergency Preparedness Information

Web Sites:

National Oceanic and Atmospheric
Administration's National Weather Service
www.nws.noaa.gov

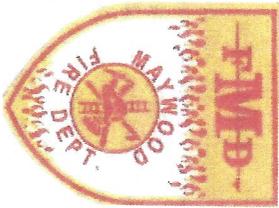
Illinois Emergency Management Agency
www.state.il.us/ema

Federal Emergency Management Agency
www.fema.gov

Readiness Preparedness
www.ready.gov

Salvation Army
www.salvationarmyusa.org

Red Cross
www.redcross.org



Maywood Fire Department

700 St. Charles Rd.
Maywood, IL 60153

For Emergencies call 911

OR (708) 343-2121

Non-emergencies (708) 343-5595

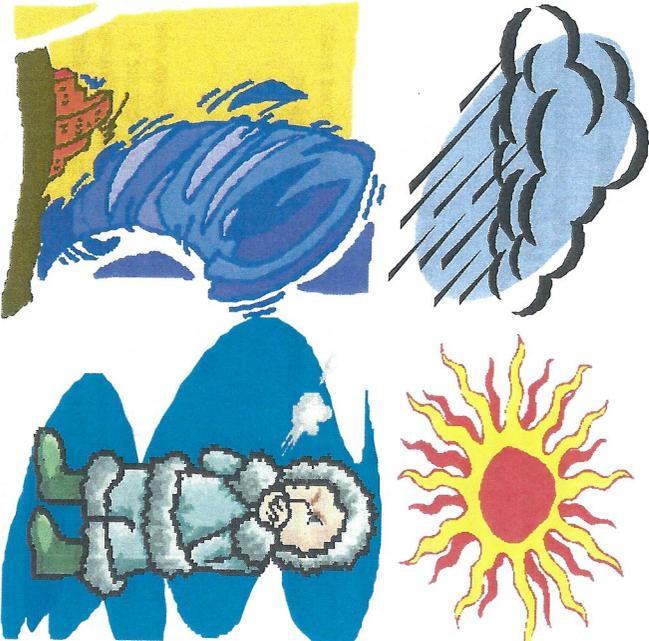


Maywood Emergency Management Agency

Fire Station One
700 St. Charles Rd
Maywood, IL.
60153

Fax: 708 681-8840
Voice: 708 681-8860

Are You Prepared?



Why Prepare?

The continent of North America has many potential hazards that can affect large geographic areas and millions of people. In the middle of the United States we are faced with numerous and dangerous hazards. In the Midwest, we are subject to earthquakes, tornadoes, floods, severe weather and man made hazards such as hazardous materials incidents.

The Midwest has several fault zones that we should pay attention to, for example the New Madrid Fault Zone in Missouri. A quake in the Midwest can be devastating for the entire country.

The United States has more tornadoes than the rest of the world combined with about 95% occurring in tornado alley which covers the Midwest.

To increase our chances of survival in a disaster we must make preparations in advance of what we need to do.

Make a Plan

After a major disaster, it is unlikely that emergency response services will be able to immediately respond to everyone's needs, so it's important to be prepared to take care of yourself and your family. Plan to be on your own for at least the first 72 hours.

The following steps will help you prepare for any emergency:

- **Designate an out-of-area contact person.** Try to select someone that is far enough away to not be affected by the same emergency. Provide this person with the names and contact information of the people you want to keep informed of your situation. Instruct family members to call this person and tell them where they are. Log distance phone service is often restored sooner than local service. Cell phones, maybe useless due to the fact of the system being overloaded or the system being down due to damage from the emergency.

- **Duplicate important documents and keep copies off-site,** either in a safety deposit box or with someone you trust. Documents may include: passport, drivers license, social security card, wills, deeds, financial statements, insurance information, marriage license and prescriptions.
- **Inventory valuables, in writing and with photographs or video.** Keep copies of this information off-site with your other important documents: 70

- **Make a household/family plan.** Involve all key people in planning.
- **Put together a disaster supply kit.** Plan to have supplies for your family for at least 3 days following a disaster.
- **When planning, consider the special needs of children, the disabled, family members that don't speak English and pets.**

Build a Kit

After a major disaster the usual services we take for granted, such as running water, refrigeration, and telephones, may be unavailable. Experts recommend that you should be prepared to be self-sufficient for at least three days. Store your household disaster kit in an easily accessible location. Put contents in a large watertight container (e.g. a large plastic garbage can with a lid and wheels) that you can move easily.

Experts suggest your basic emergency kit should include:

- Water-one gallon per person per day.
- Food-ready to eat or requiring minimal water.
- Manual can opener and other cooking supplies.
- Plates, utensils and other feeding supplies.
- First-Aid Kit & instructions
- A copy of important documents & phone numbers
- Warm clothes and rain gear for each family member
- Heavy work gloves.
- Disposable camera
- Unscented liquid household bleach and an eyedropper for water purification
- Personal hygiene items including toilet paper, feminine supplies, hand sanitizer and soap
- Plastic sheeting, duct tape and utility knife for covering broken windows
- Tools such as a crowbar, hammer & nails, staple gun, adjustable wrench and bungee cords.
- Blanket or sleeping bag
- Large heavy duty plastic bags and a plastic bucket for waste and sanitation.
- Any special-needs items for children, seniors or people with disabilities. Don't forget water and supplies for your pets.
- A component of you disaster kit is your Go-bag. Put the following items in a backpack or another easy to carry container in case you must evacuate quickly. Prepare one Go-bag for each family member and make sure each has an ID tag. You may not be at home when an emergency strikes so keep some additional supplies in you car and at work, considering what you would need for immediate safety.
- Flashlight
- Radio-battery or hand crank operated
- Extra batteries
- Whistle
- Dust mask
- Emergency cash in small denominations and change for phone calls.
- Sturdy shoes, a change of clothes, and a warm hat.
- Local map
- Some water and food
- Permanent marker, paper and tape.
- Photos of family members and pets for re-identification purposes.
- List of emergency point of contact phone numbers.
- List of allergies to any drug (especially antibiotics) or food.
- Copy of health insurance and identification cards.
- Extra prescription eye glasses, hearing aid or other vital personal items.